

Frequently Asked Questions-

1. How do sailors get to practice?
 - a. RYC does not offer transportation to practice. Most teams use carpools to and from practice. It is each team's parent representatives/team captains responsibility to organize carpools for their team. We cannot give out personal information of other families in the program. Our orientation night/first day of classes are a good opportunity to meet other parents.
2. What kind of boats do teams practice in?
 - a. Sailors primarily practice and compete in club owned 420's. RYC proudly hosts a new fleet of 20 boats. 420's are a two person boat that is sailed in many college sailing programs around the country.
3. What kind of gear does my sailor need?
 - a. Sailors will need a Type III US Coast Guard approved life jacket (required), spray gear (top and bottom), closed toed shoes/boots, warm layers, a towel, and sunscreen!
 - b. When the combined water and air temperature is below 120 degrees a drysuit will be required. When it is cold it might also be good to bring a hat, wool socks, warm and waterproof gloves (these can either be made specifically for sailing or rubber dish glove works well to keep hands dry).
 - c. Below is a really good link for help on what to wear for high school sailing!
<http://www.apsltd.com/c-8473-what-to-wear-guide-dinghy.aspx>
4. My child is in 7th grade... can he/she participate?
 - a. Yes! We take sailors from 7th-12th grade. No prior experience required! If you are comfortable being on the water we can turn you into a sailor in our JV group. Our JV group will focus on the basics of sailing and beginning racing.
5. What if I am unable to make practice?
 - a. Coaches NEED to know when a sailor will not be there for practice. Please text Jimmy at 585-314-9760 by noon that day if you are unable to attend. It is very important for pairing sailors up each practice.
6. What are Wednesday Race Days?
 - a. Wednesday Race Days are a chance for sailors to compete each week. JV and Varsity will both attend each race day and sail in different fleets called A and B fleet. Scores will be recorded and announced at the end of each race day. Dinner will also be provided from a different school each week. Because race days end at 7PM each week, we like to send sailors home full and ready to do homework!
7. I lost my.... Did you find it?
 - a. Each sailor will be assigned a cubby for the season with their name on it. It is expected of the sailors to label all of their gear and keep track of it. With almost 80 high school students a week, there is a lot of gear left behind. All unlabeled gear left at the end of each season will be donated to goodwill.