



Wondering what to bring to sailing class? Below is a helpful list of things to remember to bring. If there are any questions, please contact the Junior Sail Director!

- Life Jacket- Ensure that it is the correct size and comfortable fit. Must be US Coast Guard approved. Life Jackets are worn at all times while sailing or in a motor boat.
- Closed-toe shoes- should be worn at all times, even when sailing, so they must be able to get wet. Good examples include: sailing boots, water shoes, old tennis shoes, crocs... etc.
- Lunch (For all-day sailors). We have big coolers and a refrigerator for lunches if they are not in a cooler bag. Please make sure that they are not in paper bags and that they are waterproofed with some kind of plastic Ziploc or equivalent.
 - Water Bottle (RYC has multiple water coolers to refill bottles)
 - Hat
 - Sunscreen
 - Change of Clothes
 - Towel
 - Foul Weather Gear- we may sail in the rain or have spray over the side of the boat. Foul Weather Gear helps keep us warm and dry!
 - Sailing gloves

Let us know if you have any questions!

-Liam Faudree
(585)-314-9760
Junior Sail Director Rochester Yacht Club